

# WEDNESDAY NIGHT STEP STUDY

## *Back to the Big Book\*!*



*Beginning October 12, 2022\*:  
Big Book Shared on Screen... Small Group  
Break-out Sessions... Weekly Review of  
Steps... Increased Fellowship...Zoom Only*

Beginning with Step 1 on Wednesday, October 12, 2022

7:00 – 8:30pm (PST)

**Zoom Meeting ID: 825 944 5125 Password: 2020**

Call in 408-638-0968

*Big Book P. 152 "Yes, there is a substitute [for food] and it is vastly more than that. It is the fellowship of [Overeaters] Anonymous. There you will find release from care, boredom and worry. Your imagination will be fired. Life will mean something at last. The most satisfactory years of your existence lie ahead. Thus we find the fellowship, and so will you."*

Questions: Darryl B. 626-253-4592, Karen D. 909-450-6209, Sandy D. 818-807-6838

\* Will run for approximately 16 weeks except on November 23 when we will host SGVIE's annual holiday Gratitude Meeting. Bring your Big Book!

Sponsored by Overeaters Anonymous San Gabriel Valley Intergroup

<https://www.oasgvie.org/>