



Meeting Directory for San Gabriel Valley-Inland Empire Intergroup (SGVIE IG) of OA Updated March 1, 2025

TIME/DAY	MEETING FORMAT	CITY	MEETING NAME & LOCATION	ZOOM & PHONE NUMBERS	CONTACT PERSON	WSO MTG ID #	FORMAT	MTG STATUS
SUNDAY								
8:15-9:30 am	HYBRID	Glendora	Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Solomon 617-803-1110	23893	LS OP NC	Open
6:00-7:00 pm	Zoom		Ladies' Night	Zoom ID: 8259445125 Code:2020	MarySue 214-289-5949	89688	WO OP SP	Open
7:30-8:30 pm	HYBRID	Glendora	Men's Off the Wall 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Darryl 626-253-4592	24353	OP MS	Open
MONDAY								
7:00-8:00 am	Zoom			Zoom ID: 8259445125 Code:2020	Terri Mc 909-260-9237	89392	OP NC	Open
10:00-11:00am	Zoom		Pass It On	Zoom ID: 8259445125 Code:2020	Thora (text) 626-437-9475	89397	LS OP	Open
11:00am-12:00p	Face2Face	Glendora	What is Abstinence 1157 E. Arrow Hwy Ste 4		Paula 626-804 3492	53319	LS S OP	Open
TUESDAY								
7:00-8:00 am	Zoom			Zoom ID: 8259445125 Code:2020	Sherri 650-868-2005	89393	OP NC	Open
10:00-11:15 am	Face2Face	Glendora	Step Study: <i>Seeking a Spiritual Solution</i> 1157 E. Arrow Hwy Ste 4		Susan T. 909-447-0977	51025	SS MD WW	Open
11:00am-12:15p	Face2Face	Claremont	Newcomer/Returnee: Joselyn Senior Ctr 660 N. Mountain Ave, Claremont		Lorraine 951-295-0709	58216	LS OP WW	Open
7:30-8:30 pm	Zoom		Newcomers: 1157 E. Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Darryl: 626-253-4592	89450	NC	Open
WEDNESDAY								
7:00-8:00 am	Zoom			Zoom ID: 8259445125 Code:2020	Thora (text) 626-437-9475	801751	OP NC	Open
7:00 - 8:30 pm	Zoom		Step Study	Zoom ID: 8259445125 Code:2020	Sandy D. 818-807-6838	89399	SS	Open
THURSDAY								
7:00-8:00 am	Zoom			Zoom ID: 8259445125 Code:2020	Sherri 650-868-2005	89395	OP NC	Open
10:00-11:15 am	Face2Face	Claremont	St. Ambrose Episcopal Church 830 W. Bonita		Ruth F. 951-202-8113	37014	OP	Open
12:00-1:00 pm	Phone Only		Voices of Recovery In Action	Ph: 605-313-6196 Code:435255#	Susan T 909-447-0977	55661	MD WW NC	Open
6:30 - 7:30 pm	Zoom		A Vision 4 You	Zoom ID: 8259445125 Code:2020	Pending	89401	BB	Open
7:00-8:00 pm	Face2Face	Rancho Cucamonga	Valley Alano Club 10980 Arrow Rte #107		Patty 951-316-3626	54678	LS	*Closed
FRIDAY								
7:00-8:00 am	Zoom			Zoom ID: 8259445125 Code: 2020	Stan (909) 257-9615	89396	OP NC	Open
12:00-1:00 pm	Face2Face	Claremont	Body Image, Relationships, Sexuality; Joslyn Sr. Ctr, 660 N. Mountain Ave.		Pat W (909) 272-0482	23866	WO LS WW	*Closed
							*See below for details.	
Saturday								
8:15-9:30 am	HYBRID	Glendora	Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code: 2020	Geri (909) 225-1562	23784	SP/Topic	Open

LEGEND: BB = Big Book; CO = Children OK; CNO = No children; ES = Espanol; LS = Literature Study; MD = Meditation; MS = Men's Stag; NC = Newcomer; OP = Open Pitch; S = Speaker; SS = Step Study; WO = Women Only; WW = Writing; YP = Young Persons

"MEETING FORMAT" DEFINITIONS	"MEETING ACCESS" INFORMATION/PROCEDURES
OPEN MEETING: Open to OA members & non OA visitors, e.g., students.	
*CLOSED MTG: Restricted to those who desire to stop eating compulsively. Open only to OA members & others who think they may have a problem with food. (Closed to students.)	
HYBRID: ZOOM & FACE TO FACE meeting, combined.	Zoom: 825 944 5125; Password: 2020. If calling in by phone, call-in # is: 1-408-638-0968.
PHONE ONLY: Phone conference meeting.	1-605-313-6196; code 435255#
FACE 2 FACE: In person at location.	See "Contact Person" for meeting information.
ZOOM: Virtual online meeting.	Zoom: 825 944 5125; Password: 2020. If calling in by phone, call-in # is: 1-408-638-0968.
According to Traditions, bylaws and policies of OA, the only requirement for OA membership is the desire to stop eating compulsively.	
SAN GABRIEL VALLEY-INLAND EMPIRE INTERGROUP (S.G.V.I.E. IG) — GROUP #09009 1157 East Arrow Hwy Ste 4, Glendora, CA 91740; 626-335-3355; http://www.oasgvie.org	
SUBMIT MEETING CHANGES TO SGVIE.ML@GMAIL.COM	
Other "Area" Intergroups	Region 2 (R2) & World Service Office (WSO)
Channel Islands IG: 805-947-0792; https://oacdig.wordpress.com/	Region 2 (R2): 949-644-6997; oar2.org
Foothill Intergroup: 626-497-9873; https://oafoothill.org	World Service Office (WSO): 505-891-2664; oa.org
Inland Empire IG: 951-715-2080; https://www.go2oa.org/	
Los Angeles IG: 818-794-0880; https://www.oalaig.org	
Orange County IG: 714-953-0900; http://www.oaoci.org/	
San Diego IG: 858-836-1770; http://www.oasandiego.org/	
San Fernando Valley IG: 818-888-4776; http://oasvalley.org/	
South Bay IG: 562-493-9030; https://www.oasouthbay.org	
Unity With Diversity Desert: 760-459-5389; https://desertoa.org	