

FEB 2026 Board Agenda (REVISED)

A few ground rules

Please say your name before giving your report or speaking.
In-room participants, please come to the podium to speak
Everyone: please hold your questions until people finish their report.

San Gabriel Valley Intergroup (SGVIE) Intergroup Board Meeting Agenda-Final FEB 14, 2026 (Meeting is open to all OA members)

- | | | |
|----|---|----------------------------|
| 1 | Open (Time, Serenity Prayer / Call to Order / Welcome) | Teri L. |
| 2 | Roll Call | Secretary |
| 3 | 12-Steps; 12 Traditions; Concept 2 | Member/Member/Member - TBD |
| 4 | Approval of Minutes (January 2026) | Members Present |
| 5 | Board/Committee Reports (up to 5 minutes) | |
| | a. Chair | Teri L. |
| | Vice Chair | Open |
| | b. 1. Facilities Coordinator (Ad hoc reports to V-Chair) | 1. Open |
| | 2. Zoom/Admin Host (Ad hoc reports to V-Chair) | 2. Open |
| | c. Secretary | Sheryl C. |
| | d. Treasurer | |
| | 1. Financial Reports | Andi G. |
| | Public Information | Shelby M. |
| | e. 1. Web - Shelby M. | |
| | 2. Phone Forwarding (Ad hoc reports to Public Info) | Susan T. |
| | f. Literature | Open (Susan T. - Interim) |
| | g. Special Events | Toni C. |
| | h. 12 Steps Within | Open |
| | i. SGVIE Briefs | Open |
| | j. Region 2 Representative | Open |
| | k. Meeting Liaison | Cindy S. |
| | l. Professional Outreach | Georgia G. |
| 6 | IG Rep. Sharing | |
| 7 | Unfinished Business | |
| | B. Elections to the Board. | |
| 8 | New Business | |
| 9 | Scheduling of Office Volunteers | |
| 10 | Close & Serenity Prayer | |
| 11 | Attachments: | |
| | a. Jan 2026 Board minutes | |
| | c. Jan 2026 Treasurer Reports ("Financial Summary" & "Contributions by Meetings") | |
| | d. February Report - Cindy S., Meeting Liaison | |
| | E 2026 JAN-SGVIE Meeting Directory - Final | |

San Gabriel Valley Inland Empire Intergroup (SGVIE)
BOARD MEETING MINUTES - FINAL
January 10, 2026

Meeting opened 9:44 AM, JANUARY 10, 2026

ROLL CALL

Teri L. (Chair)
Sheryl C (Secretary)
Andi (Treasurer)
Shelby M (Public Information)
Georga (Professional Outreach)
Cindy (Meeting Liaison) (filling in)
Toni (Special Events) (leaves early after her report)
Susan T (Phone net, Recycling)
Briefs (Open)
Literature (Open)
Vice Chair (Open)
12-Step Within (Open)
Region 2 Rep (Open)
Facilities Coordinator (Open)
Admin Host (Open)

Intergroup Representatives:

Susan T - Sunday morning SGVIE
Pat W. - Friday 12 noon Joslyn Ctr (joined as "2020")

Other Participants:

Linda P. Member at Large
Lynn - Member at Large (Zoom)
Dee - Attendee (joined as "Samsung SMS7")

12 Steps read by: Cindy
12 Traditions read by: Sheryl
Concept 1 ready by: Teri

Motion to approve minutes by Cindy; seconded by Georga. Approved.

COMMITTEE REPORTS

Chair (Teri)

- Reported water service interruption notice for Tuesday meetings
- Addressed Nicholas Realty requirements: HVAC filter changes every 3 months, insurance documentation and trash disposal compliance.
- Requested reimbursement for \$184 computer repair (received)
- Discussed Spectrum internet/phone account access issues
-

Secretary (Sheryl)

- Minutes from previous meeting approved as submitted
-

Treasurer (Andi)

- Year-end financial report: Income \$17,824; expenses \$17,569; overall still in red from previous years
- December strong finish: Income \$2,685.44, expenses \$1,585.65 (\$1,099.79 positive)

- Outstanding issues: Spectrum bills unpaid (3 months, \$380), missing \$76 check from Monday meeting
- Taxes in process
- Will issue check payment to Spectrum and amend report for Teri's reimbursement
-

Public Information (Shelby)

- Updated website with new events, removed holiday events
- Added OA birthday event and craft event to Facebook
- Uploaded podcast recordings with weekly scheduling
- Will update website to reflect open service positions

Literature & Phone (Susan)

- Literature account balance: \$73 cash plus \$14.50 check
- Phone service: Only 3 calls received, all non-OA business
- Recycling: \$100 collected (including \$36 from change jar)

Special Events (Toni)

- "Give It to God" craft event scheduled for January 25th, 11am-1pm, \$5 donation

Meeting Liaison (Cindy)

- Identified 8 wheelchair-accessible/ADA-compliant meetings for Region 2 Diversity Committee
- Sent e-blast January 3rd for meeting information updates
- Tuesday Claremont newcomer meeting closed December 30th
- Draft meeting directory ready, deadline January 11th
- Saturday meeting online donations increased significantly (~\$200 additional)
-

Professional Outreach (Georga)

- Secured booth at Le Fetra Center health and wellness fair in Glendora
- Application deadline: February 6th
- Needs non-profit documentation and certificate of insurance

Action Items.

Here are some action items:

- Teri: Change the HVAC filter every 3 months
- Andi: Forward insurance policy to Nicholas Realty showing them as additional insured
- Andi: Print a copy of the insurance policy and put it in the office file
- Cindy: Contact Spectrum to resolve account access issues and determine whose name is on the account
- Andi: Issue a check to Spectrum for the outstanding balance instead of online payment
- Andi: Amend the treasurer report to reflect the \$184 reimbursement to Teri for computer repair
- Andi: Make a deposit of cash from November and December on Monday
- Andi: Follow up with Michelle regarding the \$76 check from Monday abstinent meeting to verify if it was cashed.
- Shelby: Update the website to show open service positions
- Cindy: Finalize the meeting directory after the January 11th deadline
- Cindy: Make changes to World Service website to update meeting information
- Cindy: Provide updated meeting directory information to Shelby
- Georga: Return the application for Le Fetra Center health and wellness fair by Friday, February
- Georga: Gather non-profit paperwork and certificate of insurance for the health fair application
- Shelby: Download the non-profit status screenshot and email it to Georgia (non_profit status below)

2026 SUMMARY FINANCIAL REPORT

1/31/2026

	2026	2026	2026	2026	2026	2026	2025	2024	2023
	January	First Quarter	Second Quarter	Third Quarter	Fourth Quarter	YTD	YTD	YTD	TOTAL
Incoming for Meeting Rent	\$121.00	\$121.00	\$0.00	\$0.00	\$0.00	\$121.00	\$2,730.31	\$2,553.00	\$2,478.85
Donations from Meetings	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$7,264.20	\$6,599.85	\$9,480.44
Tax Preparer Refund	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$350.00
Literature Sales*	\$14.50	\$14.50	\$0.00	\$0.00	\$0.00	\$14.50	\$68.27	\$275.71	\$752.55
Soda/Water	\$1.00	\$1.00	\$0.00	\$0.00	\$0.00	\$1.00	\$168.00	\$103.00	\$127.00
Recycling/Coin Jar	\$95.00	\$95.00	\$0.00	\$0.00	\$0.00	\$95.00	\$463.00	\$395.00	\$542.00
Workshops	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,691.97	\$1,175.98	\$1,384.81
Webhosting	\$25.00	\$25.00	\$0.00	\$0.00	\$0.00	\$25.00	\$300.00	\$300.00	\$300.00
Podcasts/Subscriptions*	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$66.00	\$86.00
R2	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$200.00	\$0.00
Not Specified+	\$1,358.30	\$1,358.30	\$0.00	\$0.00	\$0.00	\$1,358.30	\$5,138.34	\$6,352.74	\$1,500.39
Total Income	\$1,614.80	\$1,614.80	\$0.00	\$0.00	\$0.00	\$1,614.80	\$17,824.09	\$18,021.28	\$17,002.04
Office Rent	\$900.00	\$900.00	\$0.00	\$0.00	\$0.00	\$900.00	\$10,800.00	\$10,200.00	\$9,200.00
Webhosting; Ins; City License	\$40.00	\$40.00	\$0.00	\$0.00	\$0.00	\$40.00	\$480.00	\$480.00	\$494.17
Internet & Phone	\$316.45	\$316.45	\$0.00	\$0.00	\$0.00	\$316.45	\$1,643.71	\$1,655.64	\$1,535.64
Gas	\$76.54	\$76.54	\$0.00	\$0.00	\$0.00	\$76.54	\$435.00	\$452.02	\$407.36
Edison	\$86.63	\$86.63	\$0.00	\$0.00	\$0.00	\$86.63	\$905.36	\$1,085.23	\$964.20
Licenses: Zoom & Podcasts & E	\$43.06	\$43.06	\$0.00	\$0.00	\$0.00	\$43.06	\$508.32	\$483.81	\$443.64
City License	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$14.00	\$14.00	\$0.00
Insurance (SGVIE room liability)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$3,150.00	\$3,150.00	\$3,150.00
Tax professional	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$750.00	\$630.00	\$0.00
Supplies/Postage	\$14.11	\$14.11	\$0.00	\$0.00	\$0.00	\$14.11	\$744.25	\$453.43	\$77.00
Office Maintenance	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$184.20	\$179.76	\$0.00
CA DOJ/SOS Filing Fees	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$25.00	\$70.00	\$0.00
IRS Fees (Late filings 2020 & 2021)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$250.00	\$0.00
Literature purchases/sales tax	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$45.51	\$785.31	\$500.01
PayPal/Stripe/Bank fees	\$29.84	\$29.84	\$0.00	\$0.00	\$0.00	\$29.84	\$390.83	\$366.95	\$134.00
Total Expenses	\$1,506.63	\$1,506.63	\$0.00	\$0.00	\$0.00	\$1,506.63	\$17,241.18	\$17,421.15	\$14,071.02
Net Income/(Loss)	\$108.17	\$108.17	\$0.00	\$0.00	\$0.00	\$108.17	\$582.91	\$600.13	\$2,931.02

\$5,115.00
 \$ (2,500.00)
 \$ (3,600.00)
 \$ (200.00)

(\$1,185.00)

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 (2,500.00)
 (3,600.00)
 (200.00)

(\$1,185.00)

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SGVIE Meeting #	Type	Address	City	State	Postal Code	Day	Time	Name	February	January 2026			
									TOTAL	Rent	7th Trad	TOTAL	
23893	Hybrid	1157 E Arrow Hwy, #4	Glendora	CA	91740	1	Sun	8:15 AM	Attitude Adj*	\$ -	\$ 9.00	\$ 50.75	\$ 59.75
89688	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	2	Sun	6:00 PM	Ladies Night	\$ -	\$ -	\$ -	\$ -
24353	Hybrid	1157 E Arrow Hwy, #4	Glendora	CA	91740	3	Sun	7:30 PM	Men's Off the Wall*	\$ -	\$ 12.00	\$ 9.00	\$ 21.00
89392	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	4	Mon	7:00 AM	Attitude Adj	\$ -	\$ -	\$ 45.75	\$ 45.75
89397	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	5	Mon	10:00 AM	Pass it On	\$ -	\$ -	\$ -	\$ -
53319	FTF	1157 E Arrow Hwy, #4	Glendora	CA	91740	7	Mon	11:00 AM	Monday's Abstinence	\$ -	\$ 50.00	\$ 52.00	\$ 102.00
89393	Hybrid	1157 E Arrow Hwy, #4	Glendora	CA	91740	9	Tues	7:00 AM	Attitude Adj	\$ -	\$ -	\$ 177.64	\$ 177.64
51025	FTF	1157 E Arrow Hwy, #4	Glendora	CA	91740	11	Tues	10:00 AM	Step Study	\$ -	\$ -	\$ 26.00	\$ 26.00
89450	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	12	Tues	7:30 PM	Newcomers	\$ -	\$ -	\$ -	\$ -
801751	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	13	Wed	7:00 AM	Attitude Adj	\$ -	\$ -	\$ 40.75	\$ 40.75
89399	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	15	Wed	7:00 PM	Step Study	\$ -	\$ -	\$ 29.94	\$ 29.94
89395	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	16	Thurs	7:00 AM	Attitude Adj	\$ -	\$ -	\$ 20.75	\$ 20.75
37014	FTF	830 W Bonita Ave	Claremont	CA	91711	17	Thurs	10:00 AM	St. Ambrose	\$ -	\$ -	\$ -	\$ -
55661	Phone	1157 E Arrow Hwy, #4	Glendora	CA	91740	18	Thurs	12:00 PM	Voices of Recovery	\$ -	\$ -	\$ 15.00	\$ 15.00
89401	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	19	Thurs	6:30 PM	Vision For You	\$ -	\$ -	\$ -	\$ -
54678	FTF	10980 Arrow Rte	Rancho Cu	CA	91730	20	Thurs	7:00 PM	Valley Alano, RC	\$ -	\$ -	\$ -	\$ -
89396	Zoom	1157 E Arrow Hwy, #4	Glendora	CA	91740	21	Fri	7:00 AM	Attitude Adj	\$ -	\$ -	\$ 20.75	\$ 20.75
23866	Hybrid	660 N Mountain Ave	Claremont	CA	91763	22	Fri	12:00 PM	Body Image Claremont	\$ -	\$ -	\$ 183.20	\$ 183.20
23784	Hybrid	1157 E Arrow Hwy, #4	Glendora	CA	91740	24	Sat	8:15 AM	Attitude Adj*	\$ -	\$ 50.00	\$ 97.75	\$ 147.75

TOTAL 0.00 121.00 769.28 890.28

* Meetings held in SGVIE meeting

Memo

02/14/2026

To: SGVIE IG Board members and Intergroup Representatives
From: Cindy S., SGVIE IG Meeting Liaison
Subject: FEBRUARY REPORT

A summary of duties related to my responsibilities as Meeting Liaison follow:

1. SGVIE's newest Meeting Directory is attached to February's agenda.
2. All updates to the Directory (handicap accessible information, meeting changes, etc.) were communicated to oa.org and oasgvie.org.
3. The final Directory was sent via eblast to the fellowship January 30, 2026.

Volunteer Follow-up on Issues Related to Spectrum Billing / Payments

- It was brought to our attention at the January 2026 board meeting that online payments to Spectrum had failed for 3 months and a volunteer was requested to attempt to resolve the issue. I volunteered to follow-up. That same day, a new Spectrum bill was received; placed in the treasurer's mailbox, and a message left for Andi. The bill was paid within a few days.
- I called the phone number on the Spectrum bill and, ultimately, resolved the problem through obtaining the names, plus other information associated with the account that would help resolve the problem. Treasurer, Andi, and chairperson, Teri L., were advised of the results of my follow-up and how to move forward so that future payments could be made in a timely manner.

In service,
Cindy S.
SGVIE IG Meeting Liaison

/cs



San Gabriel Valley-Inland Empire Intergroup of Overeaters Anonymous

“MEETING DIRECTORY”

Street, City, State, Zip Code	1157 E. Arrow Hwy, Suite 4, Glendora, CA 91740 USA
Phone, SGVIE IG and WSO websites	+1 (626) 335-3355; http://www.oasgvie.org ; http://www.oa.org
SGVIE Intergroup WSO ID Number	#09009

TIME/DAY	MEETING FORMAT	CITY	MEETING NAME & LOCATION	ZOOM & PHONE NUMBERS	CONTACT PERSON	WSO MEETING ID#	FORMAT	MEETING STATUS
SUNDAY								
8:15-9:30 am	HYBRID	Glendora	Attitude Adjustment, 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Solomon 617-803-1110	23893	LS OP NC WC	Open
6:00-7:00 pm	ZOOM		Ladies' Night	Zoom ID: 8259445125 Code:2020	MarySue 214-289-5949	89688	WO OP SP	Open
7:30-8:30 pm	HYBRID	Glendora	Men's Off the Wall, 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Darryl 626-253-4592	24353	OP MS WC	Open
MONDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Terri Mc 909-260-9237	89392	OP NC	Open
10:00-11:00 am	ZOOM		Pass It On	Zoom ID: 8259445125 Code:2020	Thora (text) 626-437-9475	89397	LS OP	Open
11:00 am-12:00 pm	FACE2FACE	Glendora	What is Abstinence, 1157 E Arrow Hwy Ste 4		Georga 626-336-3461	53319	LS S OP WC	Open
TUESDAY								
7:00-8:00 am	Zoom		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Sherri 650-868-2005	89393	OP NC	Open
10:00-11:15 am	FACE2FACE	Glendora	Step Study: Seeking a Spiritual Solution 1157 E. Arrow Hwy Ste 4		Susan T. 909-447-0977	51025	SS MD WW WC	Open
7:30-8:30 pm	ZOOM		Newcomers	Zoom ID: 8259445125 Code:2020	Darryl: 626-253-4592	89450	NC	Open
WEDNESDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Thora (text) 626-437-9475	801751	OP NC	Open
7:00 - 8:30 pm	ZOOM		Step Study	Zoom ID: 8259445125 Code:2020	Sandy D 818-807-6838	89399	SS	Open
THURSDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Sherri 650-868-2005	89395	OP NC	Open
10:00-11:15 am	FACE2FACE	Claremont	St. Ambrose Episcopal Church, 830 W. Bonita		Ruth F 951-202-8113	37014	OP MS WC	Open
12:00-1:00 pm	PHONE ONLY		Voices of Recovery In Action	Ph: 605-313-6196 Code:435255#	Susan T 909-447-0977	55661	MD WW NC	Open
6:30 - 7:30 pm	ZOOM		A Vision 4 You	Zoom ID: 8259445125 Code:2020	Pending	89401	BB	Open

TIME/DAY	MEETING FORMAT	CITY	MEETING NAME & LOCATION	ZOOM & PHONE NUMBERS	CONTACT PERSON	WSO MEETING ID#	FORMAT	MEETING STATUS
FRIDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code: 2020	Stan (909) 257-9615	89396	OP NC	Open
12:00-1:15 pm	HYBRID	Claremont	Body Image, Relationships, Sexuality: Joslyn Sr. Ctr, 660 N. Mountain Ave.	Zoom ID: 8259445125 Code: 2020	Pat W (909) 272-0482	23866	LS WW ADA	*Closed (*) Detail below
SATURDAY								
8:15-9:30 am	HYBRID	Glendora	Attitude Adjustment, 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code: 2020	Linda P. (562) 773-7763	23784	SP/Topic WC	Open
LEGENDS								
ADA = ADA COMPLIANT	BB = BIG BOOK	CO = Children OK	CNO = No Children	ES = Espanol	LS = Literature Study	MD = Meditation	MS = Men's Stag	NC = Newcomer
OP - Open Pitch	S = Speaker	SS = Step Study	WC = Wheelchair Accessible	WO = Women Only	WW = Writing	YP = Young Persons		

The only requirement for OA membership is the desire to stop eating compulsively.	<u>Submit meeting changes to: sgvie.ml@gmail.com</u>
MEETING "FORMAT" DEFINITIONS	"MEETING ACCESS" INFORMATION / PROCEDURES
OPEN MEETING: Open to OA members & non OA visitors, e.g., students.	
(*) CLOSED MTG: Restricted to those who desire to stop eating compulsively. Open only to OA members & others who think they may have a problem with food. <u>Closed to students.</u>	
HYBRID: ZOOM & FACE TO FACE meeting, combined.	Zoom: 825 944 5125; Password: 2020. If calling in by phone, call-in # is: 1-408-638-0968.
PHONE ONLY: Phone conference meeting.	1-605-313-6196; code 435255#
FACE 2 FACE: In person at location.	See "Contact Person" for meeting information.
ZOOM: Virtual online meeting.	Zoom: 825 944 5125; Password: 2020. If calling in by phone, call-in # is: 1-408-638-0968.
PHONE ONLY: Phone conference meeting.	1-605-313-6196; code 435255#
Other "AREA" Intergroups	Region 2 (R2) & World Service Office (WSO)
Channel Islands IG: 805-947-0792; https://oaciig.wordpress.com/	Region 2 (R2): 949-644-6997; oar2.org
Foothill Intergroup: 626-497-9873; https://oafoothill.org	World Service Office (WSO): 505-891-2664; oa.org
Inland Empire IG: 951-715-2080; https://www.go2oa.org/	
Los Angeles IG: 818-794-0880; https://www.oalaig.org/	
Orange County IG: 714-953-0900; http://www.oaoci.org/	
San Diego IG: 858-836-1770; http://www.oasandiego.org/	
San Fernando Valley IG: 818-888-4776; http://oasvalley.org/	
South Bay IG: 562-493-9030; https://www.oasouthbay.org	
Unity With Diversity Desert: 760-459-5389; https://desertoa.org	