

San Gabriel Valley Inland Empire Intergroup (SGVIE IG)
 Saturday, September 14, 2024 "MINUTES" - **DRAFT**
 Cindy S. "Acting-Secretary" for August Meeting

#	TOPIC	DISCUSSION
1	Welcome / Call to Order	Cindy welcomed the group and requested a volunteer to act as secretary for the meeting, transcribe the meeting minutes, and distribute. No one volunteered. Cindy called meeting to order with Welcome / serenity prayer at 9:45 a.m. (<i>Cindy pointed out that the "heading" on the agenda says, "August," but it should be noted it is the September 14, 2024, Agenda.</i>)
2	Roll Call	<p>Chair - Cindy S. - Present Vice Chair - OPEN Facilities Manager: Ad hoc position - OPEN Zoom/Admin: Jill - Ad hoc position - Present Secretary — OPEN Treasurer - Andi G. - Excused Absence Public Information - Shelby M. Website/Social Media: Ad hoc position - OPEN Phone Forwarding: Ad hoc position - Susan T. - Present Literature - OPEN (Susan T., Temp) Special Events - OPEN 12 Steps Within - OPEN Briefs Coordinator - OPEN R2 Representative - OPEN Meeting Liaison - Jill - Present / OPEN Professional Outreach - OPEN</p> <p>Intergroup Representatives: Susan T., Tues., 10am, Step Study, SGVIE Pat W. 12 noon, Friday, Joslyn Center, Claremont Heidi K., 11am, Monday, Abstinence, SGVIE Victoria - 7pm, Thurs., Alano Club, Rancho Cucamonga Heather B. - 7pm, Sunday - Ladies Night Lorraine S. - 11am, Tues., Newcomer - Claremont</p> <p>Members at Large: Brian - Region 2 Vice-Chair Jeremiah A. - Region 2 Chair</p>
3	12 Steps/Traditions/ Concepts	<p>Jill read the 12 Steps; Shelby read 12 Traditions and Brian read Concept 9.</p> <ul style="list-style-type: none"> • Susan advised the group Brian was the person who encouraged her to understand the Concepts better by studying them like we do the Steps. He provided questions to assist her in studying the Concepts. • Susan then took the opportunity to offer Brian the following question: <i>Have you ever taken a service position you were certain you weren't qualified for and didn't want to take, but that you realized there were procedures and processes discovered and put in place so you didn't have to figure it all out and by the time you were finished with your service position, you were grateful they had taken the time to do the policy/procedures that outline each service position?</i> • Brian responded: <i>Concept 9 is a good touchpoint for today's discussion and I've been to this intergroup for several years and in 2018 I came to promote attract members to serve for the 2018 Convention and I saw the same experience. And instead of saving a Convention, I saved an intergroup, which, with or without my intervention, stuff happened.</i>

<p>3</p>	<p>12 Steps/Traditions/ Concepts</p>	<p>Brian continued:</p> <ul style="list-style-type: none"> • <i>I think it's important that there are Bylaws and procedures and policies that describe how to operate — how to serve. One of the best things in Susan's question is that when I was elected to Vice-Chair of Inland Empire, I was 7 months in program and 6 months abstinent. Board members nominated me to serve and elected me to Vice-Chair and although I said, "Yes," I didn't think I was qualified – and according to the Bylaws I wasn't qualified. The Bylaws asked for a year of abstinence. The board went through the Bylaws and asked the requirement be set aside for my nomination and election. It was a process of trust.</i> <p><i>Trust / ability is in Concept 9. What I didn't understand that time was that I already had the keys to the door of the building, because I was the set up and tear down of the meeting prior to the intergroup meeting, and so I had been there for 6 mos and had the trust of that meeting. No other current board member had a key to the door when the meeting ended but the meeting trusted board members to close/lock the door. So, I didn't think I was qualified, but my higher power did and the people around me did and what's important when we are giving pitches/outreach or articles of attraction for service is: 1.) Tangible activities, not just asking, "Can you be the Vice-Chair?" But what's tangible about being Vice-Chair. Not just creating a workshop or flyer, but engaging people and involving them with the vision of how this enriches their and other people's lives. 2.) Not just the activity, but the spiritual-ness about the impact of what we do here. Just because I didn't feel I wasn't qualified, doesn't mean I wasn't.</i></p> <p><i>Like it says in Concept 9, God equips those who are elected to serve. So there are levels of trust as I walk with my HP. And in Concept 9, where it says, "Conflicts." It's no surprise this is Concept 9, since what is Step 9? It is making amends. And in service, we do our program the best we can. Imperfectly and to the best of our ability. What I experienced when my life is falling apart like when covid happened, and all my meetings ended, the only thing consistent was my service. I still had my phone meetings and this is the community that kept me alive. And now I'm going through some great personal challenges, and service and the community of SGVIE is now my home group.</i></p> <p><i>The amazing legacy of how I showed up in 2018-2019 is now being reaped as I'm now being able to enjoy being taken care of and I get to receive. So this conflict resolution – there really is no pressure, except the legality: we do have a building, we do have taxes, we do have some things that are stressful, however there is always room for failure and a way to make it right. And this is what service does for me.'</i></p> <hr style="width: 10%; margin: 10px auto;"/> <p>Roll call commenced with Cindy welcoming and introducing another visitor to the board meeting -- Region 2 chair Jeremiah. Cindy also called on Pat W. to introduce herself, which she did as IR for Friday, noon Claremont meeting.</p>
<p>4</p>	<p>Approval of Minutes</p>	<p>Victoria moved to approve August 2024 minutes, Susan T. second. Vote taken — no opposition. August 2024 Minutes moved and approved.</p>
<p>5</p>	<p>Board/Committee Reports</p>	
<p>a.</p>	<p>Chair</p>	<p>Cindy reported she is continuing review of SGVIE's website for Shelby as a second pair of eyes; proofreading and providing suggested revisions and updates.</p> <p>There is an R2 Intergroup Subcommittee Cindy will attend this month to see how it might benefit SGVIE and how SGVIE might benefit other intergroups. She mentioned SGVIE IG has been around a long time and gave credit to all those who have done service in the past and present.</p> <p>Cindy advised she sent Shelby's improved SGVIE graphic and trademark images to WSO for approval. We are supposed to do this every 2 years, and Cindy will get back to Shelby and Jill with WSO's response. Cindy explained WSO's approval is a 2 year blanket approval to be used for "approved" methods of communication, i.e., flyers, Briefs, letterhead, etc., These documents are submitted to the board for review/approval before distributing, and the logos/trademarks will be provided/handled by our Public Information chair, Shelby.</p>

<p>a.</p>	<p>Chair (Continued)</p>	<p>Cindy said Lorraine brought an opportunity for outreach to her attention:</p> <ul style="list-style-type: none"> • The City of San Dimas is doing a laissez faire in October. This would normally be assigned to Professional Outreach, however, since the position is vacant Cindy asked if there was a volunteer willing to follow-up with the city of San Dimas and get more information about participating. Cindy and Lorraine have the contact information and to pass it on to the volunteer. • Victoria M., IR for Rancho Cucamonga volunteered to take this on and get more information. Cindy advised that if SGVIE goes forward with participating, Victoria can get information from Susan T. (literature) and oa.org about what OA materials are best used for attending and participating in a public health faire.
<p>b.</p>	<p>Vice Chair</p>	<p>OPEN POSITION - No Report</p> <p>Positions reporting to Vice-Chair:</p> <p>Facilities - Ad hoc position - OPEN (Cindy provided office/facilities duties this month.)</p> <p>Admin/Zoom administrator - Ad hoc position, Jill - No report.</p> <ul style="list-style-type: none"> • Cindy reminded the group Jill's term ends December 31, 2024, & that Facilitates Coordinator & Admin/Zoom Administrator could be filled by one person.
<p>c.</p>	<p>Secretary</p>	<p>OPEN POSITION - NO REPORT</p>
<p>d.</p>	<p>Treasurer</p>	<p><i>Excused Absence</i> - No Report. (Cindy reported for Andi and asked Jill to put up the August financial documents to give a brief financial overview.)</p> <p>SGVIE is doing well right now and has excess of funds of over \$1300. She explained past practice and asked the group to consider the continuing the practice: see if the financial situation continues another month (2 mos. total), and then determine how the excess funds could be used. For instance, is SGVIE in need of anything (example: printer), and then determine distribution to other levels of service (60/30/10). The group agreed.</p> <p>The group reviewed the "Meetings by Donations" document. Cindy reminded the group that this information is not to punish or embarrass a meeting. It is the responsibility of the IG to provide financial accounting to the fellowship so everyone know how much funds are received and used. She asked the IRs that if this information isn't being communicated to their group meeting, to please do so. Also, if there are any questions re: SGVIE finances, meeting or individual donations, to please contact SGVIE IG treasurer, Andi.</p> <p>Cindy said the reason SGVIE is doing well is we raised over \$1100 from the Boutique event; LAIG gave SGVIE \$1000, and Region 2 provided \$200 to assist SGVIE in starting new F2F meetings in the community. She then thanked Region 2 chair Jeremiah for the assistance</p>
<p>e.</p>	<p>Public Information</p>	<p>Shelby</p> <p>1. Web</p> <ul style="list-style-type: none"> • Reported she has worked on the website doing requested updates. She had a question for Lorraine regarding revising the Friday, "Body Image" flyer. Lorraine confirmed she wanted to flyer removed from the website and Lorraine would be providing a new flyer. • Shelby advised there was an issue with the website and she avoided a full-blown catastrophe. The home page was completely corrupted and Shelby worked with the website designer and she had to completely recreate the home page. As far a podcasts, Shelby said she and Jill are working great as a team and podcasts • Susan complimented Shelby on the pictures on the website. That they are great. <p>2. Phone Forwarding</p> <p>Susan reported there were 22 calls: One was a youth and 4 were from women and the remaining calls were spam. The system is working well.</p>

<p>f.</p>	<p>Literature</p>	<p>OPEN POSITION (Susan reported as interim)</p> <p>Susan said the process for ordering and receiving literature is working great. She calls in SGVIE's orders, but said that for anyone taking over the IG's Literature position and/or a meeting literature person, that WSO can respond faster if orders are placed online.</p> <p>Susan said OA has a new book, "Diverse Voices, a Common Solution." She read some of the contributors to the book include: Men in OA; BIPOC (Black, Indigenous, People of Color); Bipolar; Japanese; Transgender; JewishGastric Bypass; Anorexic; Pregnant; and more.</p> <p>Susan mentioned we already have over \$50.00 toward the next literature purchase. She will reorder the literature needed in the near future.Susan continues to provide Andi with accurate literature financials.</p> <p>She also gave shout-out -- August recycling raised \$76.00 was raised. Last year recycling brought over \$500.00.</p>
<p>g.</p>	<p>Special Events</p>	<p>OPEN POSITION - NO REPORT</p>
<p>h.</p>	<p>12 Steps Within</p>	<p>OPEN POSITION - NO REPORT</p>
<p>i.</p>	<p>Briefs</p>	<p>OPEN POSITION - NO REPORT (Cindy mentioned the September/October Briefs were developed and distributed. Copies are available for IRs to take to their meetings, and available at oasgvie.org).</p> <p>Victoria asked what program was used for the Briefs and Cindy said the current Briefs were developed in "Pages," but that all programs (Pages, Word, Microsoft Word, etc.) have templates available for doing newsletters, flyers, posters, etc., and Cindy would be glad to explain further offline if Victoria was interested.Victoria</p>
<p>j.</p>	<p>R2 Rep</p>	<p>OPEN POSITION - NO REPORT</p> <p>Cindy stated that although we don't have a Region 2 Reps, she asked Brian if he wanted to say something regarding the 2025 Convention, and she also recognized Region 2 chair Jeremiah to say a few words. (Brian deferred to R2 chair Jeremiah.)</p> <p>Jeremiah encouraged someone to step up for SGVIE's R2 Rep service position and how service and service rotation in OA is valuable for unity, growth, and aligning with many of our concepts, i.e., 1, 4, 9 and 3 - come to mind. Jeremiah stated that if you're afraid to step outside your comfort zone and into service to talk with your sponsor, and that he and Brian are great resources. Jeremiah put his number in the chat and it was communicated to other attendees in the room. Hopefully, we'll see you in Burlingame in for the Assembly, and then in Hollywood at the 2025 Convention. Service is as much or as little as you want to make it.</p> <p>Cindy mentioned that she, Susan T. and Lorraine S. have all be Region 2 Reps for SGVIE and that is one of the most rewarding service experiences and truly the business of OA. It's very interesting and inspirational.You learn so much about how the Region operates and how the activities of the board and subcommittees carry the message of recovery.</p> <p>Cindy then announced that Foothill intergroup is the lead IG for the July 2025 Convention in Hollywood, CA. Normally, SGVIE and other IGs have volunteers to help develop and present the Convention. If you have an interest in volunteering to help, contact Foothill intergroup.</p>

<p>k.</p>	<p>Meeting Liaison</p>	<p>OPEN POSITION - NO OFFICIAL REPORT Cindy stated that although the position is vacant, we keep the directory online and in print, updated and accurate as much as is possible. The most recent update is September 2024. The "Promises" meeting has closed and the individual handling Zoom and other duties for the Thursday night "Vision for You" meeting has stepped down. I don't know who is stepping into this position.</p> <p>Susan mentioned she received a text about this and thought the Vision for You meeting was closing. Cindy reiterated that although the person is stepping down, it was not communicated that the meeting was closing. Often when someone steps down, we give it 2-3 weeks before making any other determination, because someone often steps up.</p>
<p>l.</p>	<p>Professional Outreach</p>	<p>OPEN POSITION - NO OFFICIAL REPORT Cindy stated that what Victoria has volunteered to do: reach out to the City of San Dimas to see if SGVIE can participate in their October health fair, would normally be under Profession Outreach. Professional Outreach includes: hospitals, institutions, schools, military and prisons to name a few.</p>
<p>6</p>	<p>Intergroup Representatives</p>	<p>Intergroup Representatives (IRS):</p> <p>Victoria - Thursday night 7pm Rancho Cucamonga. Meeting attendance is and funds are low. The meeting has a prudent reserve and so that is why the line item on SGVIE's financial "Contributions by Meeting" document is \$0. They would like to donate, but are unable to at this time. Rent for the meeting is \$30. per week and there is only about 3-4 people attending. *Susan asked if they have ever asked leniency on the rent, and Victoria confirmed they have, but the Club is not receptive. *Cindy asked SGVIE folks to support the Rancho Cucamonga meeting by attending on Thursday evenings and that it's a great meeting. She also mentioned that if the meeting continues financial difficulties that instead of closing, the group move their meeting to the SGVIE meeting room. SGVIE IG encourages meetings self-support and stability by providing financial assistance in offering either 2 mos. free rent (\$50./mo), or 3 mos. rent at \$35./mo.</p> <p>Susan T. - Tues., 10am Step Study, SGVIE - Currently they are experiencing a drop in attendance for a variety of reasons, school, heat wave, etc. They have exhausted their prudent reserve, but there is a small core group of people attending and she has hopes attendance increases.</p> <p>Heather B. - Sunday, Ladies Night. They are a smaller meeting and hope that with the fall season, attendance improves.</p> <p>Heidi - I I am Monday F2F Abstinence Meeting at SGVIE - No report. Heather posted this question: "Why are we taking down Lorraine's flyer for the Body Image meeting on Friday if attendance is low?" Lorraine responded: <i>The individual listed on the flyer as the contact has requested, twice, that the flyer with her name/contact information be removed as she no longer attends SGVIE meetings.</i> Lorraine said when she has time she'll do a new flyer and that information needs to be updated. Cindy mentioned that although the meeting has been taken down, information about the meeting date/time is still online and in print with Lorraine listed as contact.</p> <p>Pat W. - Noon, Friday, Joselyn Center, Claremont. - Pat said they are also experiencing low attendance and she recently reached out by phone to members. Susan brought up that she heard from a few people they attended the meeting, but when they got there, it was closed. Lorraine responded: 'one week no one was there by 12:30 (meeting starts at Noon), so she voted by herself to close the meeting. The other week, Joselyn Center was doing facilities maintenance and needed the room to store furniture, so the meeting was again closed early. However, Lorraine mentioned that the meeting starts at Noon.</p>

<p>6</p>	<p>Intergroup Representatives (Continued)</p>	<p>Lorraine S. - New 11:00am Tuesday, F2F, Claremont - All outreach was completed for the meeting which includes the local newspaper, Claremont Courier. The paper has a large readership which includes the 5 Claremont Colleges. It was the first meeting, triple digit day, and Lorraine was the only person in attendance, but that this was God's plan. There is no rent at the facility, but the</p> <p>Jeremiah, Region 2 Chair - Jeremiah responded to meetings' need for funds -- advising there is a fund at the Region 2 level for F2F meetings. This is also why a Region 2 Rep is needed, so that they can communicate important information. Jeremiah put his information in the chat: chair@oa.org; (415) 852-1800.</p> <p>Cindy said that communicating throughout all levels helps everyone. She mentioned she will do a media advisory in the next month and communicate OA, how to access meetings, recovery, etc.</p> <p>She then asked everyone to thank Jeremiah and Brian for attending, and to applaud Intergroup Reps by giving them a hand -- for their meetings, SGVIE IG and realize OA's 5th Tradition.</p> <p>Members at Large Brian, V-Chair, Region 2 Jeremiah, Chair, Region 2</p>
<p>7</p>	<p>UNFINISHED BUSINESS</p>	<p>Urgent need to fill board and ad hoc positions.</p> <p>a. Cindy listed board positions currently available to be filled and asked for volunteers or nominations for: Vice-Chair; Secretary; R2 Rep; Literature; Special Events; Briefs Coordinator; Meeting Liaison and Professional Outreach. She asked for volunteers or nominations for any of these positions.</p> <p>Victoria, IR for Rancho Cucamonga expressed interest in the position of SGVIE Briefs Coordinator. Cindy communicated requirements for the position, i.e., attended meetings in OA/SGVIE for a total of 2 yrs; completed Steps 4 and 5, and have *6 months abstinence (*can be waived). Victoria answered, "Yes" to all.</p> <p>Cindy nominated Victoria for SGVIE Briefs, Susan T. second and vote taken. Motion to elect Victoria as SGVIE Briefs coordinator approved. Cindy said she will help Victoria learn the position everyone expressed their gratitude to Victoria for stepping up.</p> <p>Susan wanted to nominate someone who was not in attendance. Cindy indicated nominees had to be present in order to accept or decline nominations.</p> <p>Cindy nominated Susan T. for Literature, however, Susan declined the nomination for now but said she would remain in a temporary capacity for the Literature position.</p> <p>b. Ad hoc positions: 1.) <u>Facility Coordinator / Admin-Zoom Administrator</u>. (Jill will continue serving as Admin/Zoom until her term ends 12/31/24, however, she would be happy to step aside as soon as someone can be trained.) 2.) <u>Website/Social Media</u></p> <p>There were no further nominations or volunteers. Cindy asked attendees to please help inspire members to do service.</p>
<p>8</p>	<p>NEW BUSINESS</p>	<p>Cindy asked for a volunteer or nomination for the position of SGVIE IG chair which will be available January 2025. She said she will step down as her term ends December 31, 2024. The chair can serve 2 one (1) year terms (total of 2 years). Other board positions can serve 2 two year terms (total of 4 years). There were no volunteers or nominations.</p>
<p>9</p>	<p>SCHEDULING OF OFFICE VOLUNTEERS</p>	<p>Cindy asked that Shelby and Andi schedule a date/time to meet and review documents and other items in SGVIE's office to purge. Cindy recommended doing this after the board meeting of October 12 board meeting or at a time mutually convenient. Cindy will communicate off line with Shelby and Andi to arrange a date/time.</p>
<p>10</p>	<p>CLOSE & SERENITY PRAYER</p>	<p>Meeting closed with the Serenity Prayer at 11:00 AM.</p>