

Overeaters Anonymous Workshop on the Twelve Steps

*A 15-session workshop designed to help participants achieve and maintain abstinence through working all Twelve Steps
We will be using the OA Twelve Step Workshop and Study Guide*

March 6 - June 12, 2022
Sundays 2:00 to 4:00 p.m.

March 6 is the introductory session

The following OA-approved literature will be used in the workshop sessions and homework assignments:

**The Twelve Steps and Twelve Traditions of Overeaters Anonymous
Alcoholics Anonymous, Fourth Edition (the Big Book)
Twelve Steps and Twelve Traditions by Alcoholics Anonymous
Overeaters Anonymous, Third, Edition
Voices of Recovery
For Today**

Participants need their own copies. There are some loan copies available at SGVIE office.

Workshop Location

Where: SGVIE Office
1157 E. Arrow Hwy.
Glendora, CA 91740

Contact: Teri L. 626-825-0831

Donation: 7th Tradition donation will be collected at each session.
No one will be turned away for lack of funds.

Overeaters Anonymous®
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SAN GABRIEL VALLEY INLAND-EMPIRE INTERGROUP

This is a closed workshop for 4 to 12 participants. No new members may join after the Introductory Session. Participants commit to attend and fully participate in all sessions.