

## Meeting Directory for San Gabriel Valley-Inland Empire (SGVIE) Intergroup Updated 4/16/2023

Time/Day	Meeting Format	City	Meeting Name & Location	ZOOM & Phone Numbers	Contact Person	WSO Mtg#	Format	Mtg Status
<b>Sunday</b>								
8:15-9:30 am	Hybrid	Glendora	Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Linda Z. 626-422-6684	23893	LS OP NC	Open
6:00-7:00 pm	Zoom		Ladies' Night	Zoom ID: 8259445125 Code:2020	Mary Sue 214-289-5949	89688	WO OP SP	Open
7:30-8:30 pm	Face2Face	Glendora	Men's' Off the Wall 1157 E Arrow Hwy Ste 4		Darryl: 626-253-4592	24353	OP MS	Open
<b>Monday</b>								
7:00-8:00 am	Zoom		Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Linda P. 562-773-7763	23869	OP NC	Open
10:00-11:00am	Zoom		Pass It On	Zoom ID: 8259445125 Code:2020	Jeri 909-256-3220	36914	LS OP	Open
11:00am-12:00p	Face2Face	Glendora	What is Abstinence 1157 E. Arrow Hwy Ste 4		Georga 626-336-3461	53319	LS S OP	Open
12:00-1:00 pm	Phone Only		What is Abstinence?	Ph: 605-313-6196 Code:435255#	Thora 626-437-9475	55711	LS S OP	Open
<b>Tuesday</b>								
7:00-8:00 am	Zoom		Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Jane M 503-680-8753	23873	OP NC	Open
10:00-11:15 am	Phone Only		Big Book Study		Susan T: 909-447-0977	51025	MD BB	Open
7:30-8:30 pm	Zoom		Newcomers 1157 E. Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Darryl: 626-253-4592	53267	NC	Open
<b>Wednesday</b>								
7:00-8:00 am	Zoom		Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Payam 310-382-0066	23855	OP NC	Open
12:00-1:00 pm	Zoom		9th Step Promises	Zoom ID: 8259445125 Code:2020	Janet 626-590-1675	49291	WW	Open
7:00 - 8:30 pm	Zoom		Step Study	Zoom ID: 8259445125 Code:2020	Darryl: 626-253-4592	21791	SS	Open
<b>Thursday</b>								
7:00-8:00 am	Zoom		Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Sherri 650-868-2005	23818	OP NC	Open
10:00-11:15 am	Face2Face	Claremont	St. Ambrose Episcopal Church 830 W. Bonita		Ruth F. 951-202-8113	37014	OP	Open
12:00-1:00 pm	Phone Only		Voices of Recovery In Action	Ph: 605-313-6196 Code:435255#	Susan T. 909-447-0977	55661	MD WW NC	Open
6:30 - 7:30 pm	Zoom		A Vision 4 You	Zoom ID: 8259445125 Code:2020	Andie 909-706-9180	52598	BB	Open
7:00-8:00 pm	Face2Face	Rancho	Valley Alano Club 10980 Arrow Rte #107		Patty 951-316-3626	54678	LS	*Closed
						*See below for details.		
<b>Friday</b>								
7:00-8:00 am	Zoom		Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Susan H. 714-598-5414	23803	OP NC	Open
12:00-1:00 pm	Face2Face	Claremont	Body Image, Relationships, Sexuality; Joslyn Sr. Ctr, 660 N. Mountain Ave.		Janice B. 951-237-3687	23866	WO LS WW	*Closed
12:00-1:00 pm	Zoom		For Today	Zoom ID: 8259445125 Code:2020	Chiconda 510-715-7906	800755	LS OP	Open
						*See below for details.		
<b>Saturday</b>								
8:15-9:30 am	Hybrid	Glendora	Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Elaine 626-208-7730	23784	SP/Topic	Open

LEGEND: BB = Big Book; CO = Children OK; CNO = No children; ES = Espanol; LS = Literature Study; MD = Meditation; MS = Men's Stag; NC = Newcomer; OP = Open Pitch; S = Speaker; SS = Step Study; WO= Women Only; WW = Writing; YP = Young Persons

### \*MEETING STATUS\*

**Open Meeting:** Open to OA members & non OA visitors, e.g., students.

**\*Closed Meeting:** Restricted to those who desire to stop eating compulsively. Closed to students. (Open only to OA members & others who think they may have a problem with food.)

**HYBRID:** ZOOM meeting & FACE TO FACE combined

**PHONE ONLY:** Phone conference meeting

**Face2Face:** In person at location.

**Zoom:** Virtual online meeting

According to Traditions, bylaws and policies of OA, the only requirement for OA membership is the desire to stop eating compulsively.

**SAN GABRIEL VALLEY-INLAND EMPIRE INTERGROUP (SGVIE) IG Group # 09009**  
1157 East Arrow Hwy Ste 4, Glendora, CA 91740; 626-335-3355; <http://www.oasgvie.org>

PLEASE SUBMIT CHANGES TO: SGVIE IG 626-335-3355

### Other "Area" Intergroups

### Region 2 (R2) & World Service Office (WSO)

Channel Islands IG: 805-899-3250; <https://oaciig.wordpress.com/>

Region 2 (R2): 949-644-6997; oar2.org

Foothill Intergroup: 626-568-7511; <https://oafoothill.org>

World Service Office (WSO): 505-891-2664; [oa.org](http://oa.org)

Inland Empire IG: 951-715-2080; <https://www.go2oa.org/>

Los Angeles IG: 323-653-7652; <https://www.oalaig.org>

Orange County IG: 714-953-0900; <http://www.oaoci.org/>

San Diego IG: 619-521-2538; <http://www.oasandiego.org/>

San Fernando Valley IG: 818-888-4776; <http://oasfvalley.org/>

South Bay IG: 562-493-3030; <https://www.oasouthbay.org>

Unity with Diversity Desert: 760-565-8650; <https://desertoa.org>