



OALAIG PRESENTS

THANKSGIVING *in the park*

**Thursday November 28th 2024
Cheviot Hills Park
2551 Motor Ave Los Angeles, CA
8am - 11am**

8am-8:30am Morning Meditation:

Guided meditation focusing on gratitude and serenity. Bring a comfortable cushion, pillow or blanket on which to sit.

9am-11am Meeting: Celebrate recovery from compulsive eating with your OA family. We will have three main speakers and time for 3-minute pitches.

Join us for fellowship picnic afterwards - bring your own abstinent lunch.

For questions or to offer service, email events@oalaig.org or call 805 265-0174