SGVIE
San Gabriel Valley-Inland Empire Intergroup of Overeaters Anonymous

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"MEETING DIRECTORY"

Street, City, State, Zip Code	1157 E. Arrow Hwy, Suite 4, Glendora, CA 91740 USA
Phone, SGVIE IG and WSO websites	+1 (626) 335-3355; http://www.oasgvie.org; http://www.oa.org
SGVIE Intergroup WSO ID Number	#09009

TIME/DAY	MEETING FORMAT	CITY	MEETING NAME & LOCATION	ZOOM & PHONE NUMBERS	CONTACT PERSON	WSO MEETING ID#	FORMAT	MEETING STATUS
SUNDAY								
8:15-9:30 am	HYBRID	Glendora	Attitude Adjustment 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Colette K. (408) 396-7659	23893	LS OP NC WC	Open
6:00-7:00 pm	ZOOM		Ladies' Night	Zoom ID: 8259445125 Code:2020	MarySue 214-289-5949	89688	WO OP SP	Open
7:30-8:30 pm	HYBRID	Glendora	Men's Off the Wall, 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code:2020	Darryl 626-253-4592	24353	OP MS WC	Open
MONDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Terri Mc 909-260-9237	89392	OP NC	Open
10:00-11:00 am	ZOOM		Pass It On	Zoom ID: 8259445125 Code:2020	Thora (text) 626-437-9475	89397	LS OP	Open
11:00 am-12:00 pm	FACE2FACE	Glendora	What is Abstinence 1157 E Arrow Hwy Ste 4		Georga 626-336-3461	53319	LS S OP WC	Open
5:00-6:15 pm	ZOOM		Affirmations Monday **Women's** 100 Pounder Mtg	Zoom ID: 8259445125 Code:2020	Iris J. (562) 965-6975	802274	WO OP	*Closed (*)Detail below
TUESDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Sherri 650-868-2005	89393	OP NC	Open
10:00-11:15 am	FACE2FACE	Glendora	Step Study: Seeking a Spiritual Solution 1157 E. Arrow Hwy Ste 4		Michelle P. (909) 664-4578	51025	SS MD WW WC	Open
7:30-8:30 pm	ZOOM		Newcomers	Zoom ID: 8259445125 Code:2020	Darryl: 626-253-4592	89450	NC	Open
WEDNESDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Thora (text) 626-437-9475	801751	OP NC	Open
7:00 - 8:30 pm	ZOOM		Step Study	Zoom ID: 8259445125 Code:2020	Sandy D 818-807-6838	89399	SS	Open
5:00-6:15 pm	ZOOM		Upon Awakening Wed. 100 Pounder Mtg	Zoom ID: 8259445125 Code:2020	Thora (text) 626-437-9475	802279	OP	**Open**
THURSDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code:2020	Sherri 650-868-2005	89395	OP NC	Open
10:00-11:15 am	FACE2FACE	Claremont	St. Ambrose Episcopal Church, 830 W. Bonita		Ruth F 951-202-8113	37014	OP MS WC	Open
12:00-1:00 pm	PHONE ONLY		Voices of Recovery In Action	Ph: 605-313-6196 Code:435255#	Susan T 909-447-0977	55661	MD WW NC	Open
6:30 - 7:30 pm	ZOOM		A Vision 4 You	Zoom ID: 8259445125 Code:2020	Pending	89401	BB	Open

TIME/DAY	MEETING FORMAT	CITY	MEETING NAME & LOCATION	ZOOM & PHONE NUMBERS	CONTACT PERSON	WSO MEETING ID#	FORMAT	MEETING STATUS
7:00 - 8:00 pm	FACE2FACE	Rancho Cucamonga	Valley Alano Club 10980 Arrow Rte #107		Patty 951-316-3626	54678	LS	*Closed (*)Details below
FRIDAY								
7:00-8:00 am	ZOOM		Attitude Adjustment	Zoom ID: 8259445125 Code: 2020	Stan (909) 257-9615	89396	OP NC	Open
12:00-1:15 pm	HYBRID	Claremont	Body Image, Relationships, Sexuality: Joslyn Sr. Ctr, 660 N. Mountain Ave.	Zoom ID: 8259445125 Code: 2020	Lisa L. (626) 956-6013	23866	LS WW ADA	*Closed (*) Details below
5:00-6:15 pm Effective 6/26/26	ZOOM		Freedom Friday 100 Pounder Mtg.	Zoom ID: 8259445125 Code:2020	Colette K. 408-396-7659	802276	OP SP-last Fri of the month	Open
SATURDAY								
8:15-9:30 am	HYBRID	Glendora	Attitude Adjustment, 1157 E Arrow Hwy Ste 4	Zoom ID: 8259445125 Code: 2020	Teri L. (626) 825-0831	23784	SP/Topic WC	Open
5:00-6:15 pm Effective 6/20/26	ZOOM		Sunlight of the Spirit Sat. 100 Pounder Mtg	Zoom ID: 8259445125 Code:2020	Koedee R. 610-418-0858	802275	OP	Open
LEGENDS								
ADA = ADA COMPLIANT	BB = BIG BOOK	CO = Children OK	CNO = No Children	ES = Espanol	LS = Literature Study	MD = Meditation	MS = Men's Stag	NC = Newcomer
OP - Open Pitch	S = Speaker	SS = Step Study	WC = Wheelchair Accessible	WO = Women Only	WW = Writing	YP = Young Persons		

The only requirement for OA membership is the desire to stop eating compulsively.	**Submit meeting changes to: sgvie.ml@gmail.com**
MEETING "FORMAT" DEFINITIONS	**"MEETING ACCESS" INFORMATION / PROCEDURES**
OPEN MEETING: Open to OA members & non OA visitors, e.g., students.	
(*) CLOSED MTG: Restricted to those who desire to stop eating compulsively. Open only to OA members & others who think they may have a problem with food. Closed to students.	
HYBRID: ZOOM & FACE TO FACE meeting, combined.	Zoom: 825 944 5125; Password: 2020. If calling in by phone, call-in # is: 1-408-638-0968.
PHONE ONLY: Phone conference meeting.	1-605-313-6196; code 435255#
FACE 2 FACE: In person at location.	See "Contact Person" for meeting information.
ZOOM: Virtual online meeting.	Zoom: 825 944 5125; Password: 2020. If calling in by phone, call-in # is: 1-408-638-0968.
PHONE ONLY: Phone conference meeting.	1-605-313-6196; code 435255#
Other "AREA" Intergroups	**Region 2 (R2) & World Service Office (WSO)**
Channel Islands IG: 805-947-0792; https://oaciig.wordpress.com/	Region 2 (R2): 949-644-6997; oar2.org
Foothill Intergroup: 626-497-9873; https://oafoothill.org	World Service Office (WSO): 505-891-2664; oa.org
Inland Empire IG: 951-715-2080; https://www.go2oa.org/	
Los Angeles IG: 818-794-0880; https://www.oalaig.org/	
Orange County IG: 714-953-0900; http://www.oaoci.org/	
San Diego IG: 858-836-1770; http://www.oasandiego.org/	
San Fernando Valley IG: 818-888-4776; http://oasfvalley.org/	
South Bay IG: 562-493-9030; https://www.oasouthbay.org	
Unity With Diversity Desert: 760-459-5389; https://desertoa.org	